

Well Said English

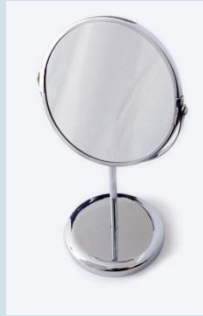
Mouth Movement Exercises



Exercise #2. Round the Lips

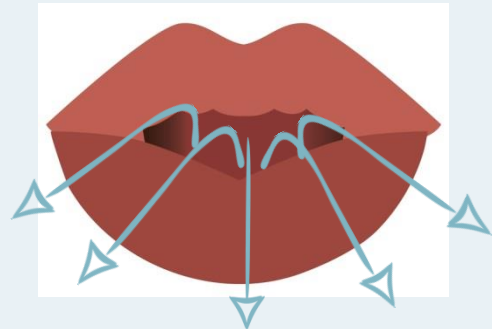
Use

Mirror



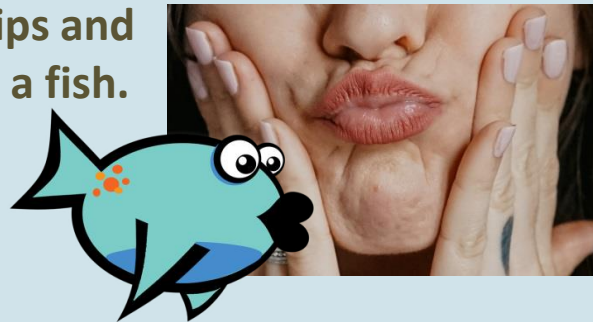
10
times

1. Blow air through the lips. Make the lips vibrate.



10
times

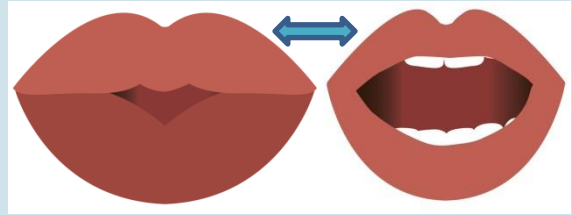
2. Round your lips and move them like a fish.



Exercise #2. Round the Lips

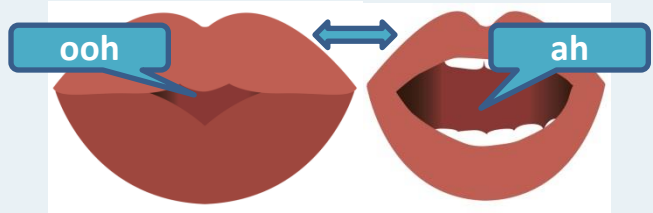
10
times

3. Alternate
round lips and
open mouth.



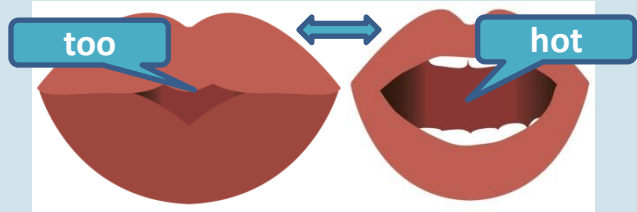
10
times

4. Add sound.
ooh ... ah



10
times

5. Add words.
too ... hot



6. Relax! Massage
your face.

